

**FYI:**

We will be staying at Casa Pastoral, a dorm style mission compound sponsored by the Good Samaritan Project in La Romana, DR. There are separate dorms for men and women. They will take care of all of our meals, transportation, and translators. Laundry will be done half way through the week so make sure your clothes are identifiable or marked. Sheets and bath towels will be provided at the compound.

There is a voicemail phone in the common area in Casa Pastoral that is available for us to call home (the phone # is 203-687-0417) as well as WiFi (although sometimes it does not work). There is cell phone service in town but make sure to check with your cell phone carrier about possible fees for international calling/data/text - some carriers charge insanely high fees.

Emergency Contact #s:

TTBM cell phone: 727-417-5399 (has international service)

Casa Pastoral: 809-349-8630 or 809-813-3940 (mostly Spanish speaking)

Moises (Hospital Administrator) 809-697-1255

PACKING:

Please pack all of your things in a carry-on size bag and a personal bag to allow for all of the checked bags to have supplies and medications that we need to bring.

What to pack:

-PASSPORT!!!

-Small backpack or bag to bring to the bateys each day (This can be your personal item on the plane to fit more belongings)

-Flashlight

-Water Bottle (VERY IMPORTANT!)

-Camera

-Toiletries (we can also go to the local supermarket and buy most things so it is less to pack)

-Wet wipes or toilet paper to use in the bateyes (we can also purchase these at the local supermarket)

-Sunscreen (we can get this down there if you don't have room)

-Bugspray (we can get this down there if you don't have room)

-Hat

-Scrubs (3 sets, must wear scrub pants in the bateyes but you may wear t-shirts or polos instead of scrub tops)

-Closed toe shoes for working in the bateys

-Sleepwear

-Earplugs if you are a light sleeper

-Clothes for around town and for down time at Casa Pastoral (we will be going out for dinner one evening but it will not be formal)

- Swimsuit (please no string bikinis/thongs/"cheeky" bottoms - this is to be respectful of the local workers and the local organization that we represent while in their country)
- Optional: Outfit for church Sunday evening (men must have long pants, women must have their shoulders covered)
- Cash or credit cards (be sure to notify your company and check for international fees)

SAFETY:

We will use the buddy system for accountability

If outside the walls of Casa Pastoral, we must travel in groups of at least 4

DO NOT DRINK TAP WATER. We will have bottled water provided at all times and you should even use this to brush your teeth.

Vaccines: the CDC recommends all routine vaccines as well as Hep A and Typhoid (they are not required but they are recommended so it is up to you)

<http://wwwnc.cdc.gov/travel/destinations/list> Anti-malaria medication is also recommended but again it is up to you - per CDC the risk is low although all areas of the DR are on the malaria list except for the capital.

MONEY:

If you want to buy souvenirs or snacks/extra food/drinks, you can bring cash or credit cards. We will go to some local restaurants, shops, and large supermarkets that you can use cards or cash.

Also, there is a local man that comes to Casa Pastoral to sell coffee and souvenirs and when we go to the beach there is a line of small shops for souvenirs, paintings, etc that all only accept cash.